



The Institute for Health Research

Research Activity Report 2007-8

Introduction

The Institute for Health Research (IHR) is committed to carrying out real-world research, providing information which can influence policy and practice. The IHR also hosts the Bedfordshire hub of the East of England Research Design Service (RDS) which receives core funding from the NHS National Institute for Health Research. This initiatives aim to promote and foster research and development in primary care and NHS Trusts in Bedfordshire, from helping those who are just beginning to take an interest to supporting those who are regularly undertaking research, to apply for NHS research funding.

As well as carrying out these duties staff at the IHR co-ordinate and teach on the MSc Public Health, MSc Clinical Science, MSc Health Psychology, and MA Medical Education, and continue to work on a number of externally funded research projects.

The Institute has served to develop the Faculty's research culture by promoting collaboration across research areas and the development of joint projects among its healthcare colleagues. This is reflected in the nature and staffing of projects and the joint authorship of research outputs. Such collaboration provides a supportive academic environment for both inexperienced researchers and research students.

Research Areas

The IHR has 3 main research groupings: Inequalities in Health (led by Prof. Gurch Randhawa); Chronic Disease Management (led by Prof. Alan Sinclair); and Organisational Development (led by Prof Chris Johns).

Health Inequalities

A central research interest of Institute staff lies in sociological and social policy work on health inequalities, with an emphasis on the health needs of the UK's multi-ethnic and multi-faith population. Projects include: A review of the diabetes and renal care pathway for South Asian patients; Awareness of renal disease among South Asians; The relevance of the 'gift' relationship for organ donation in a multi-ethnic and multi-faith society; Developing culturally competent end-of-life care for patients with renal failure; Needs of South Asian families with children with complex health needs; Perceptions of mental health among young South Asians; and Engaging Muslim women in community cohesion.

Chronic Disease Management

Another core area of research activity is concerned with the development of chronic disease management models. This work is concerned with both the organisation of Chronic Disease Management (CDM) and the changing professional roles to support CDM, including users' experiences of services. Projects include: Mental Health Needs Assessment of Marsh Farm Residents;

Developing Infant weaning models of care among South Asian women; the role of Peer Educators in Diabetes Care; Evidence based rehabilitation; Musculo-skeletal injuries; Psychological aspects of beliefs, adoption and maintenance of behaviour changes; Exercise for diverse populations; and the Impact of Reflexology on the well-being of people experiencing Parkinson's Disease.

Health Policy and Organisational Development

The third key area of activity concerns organisational responses to national health policy. Projects include: The role of universities in providing effective healthcare to students; The role of the voluntary sector in palliative care provision; and Developing effective models of chronic disease management within local health systems.

Research contribution to the academic curriculum

As well as carrying out these wide-ranging research duties staff at the IHR co-ordinate and teach the MSc Public Health programme for health and social care professionals; MSc Clinical Science; MSc Health Psychology and MA Medical Education. A number of the Master's modules are specifically underpinned by the learning from research activities, namely – Concepts of Public Health, Diversity in Public Health, Principles of Diabetes Care, Epidemiology in Public Health, Undertaking Surveys, Qualitative Research Methods I and II, and Communicating Research – with the use of case studies.

Activities and achievements 2007/8

International:

In September 2008, **Trevor Austin** attended the Association for Dental Education in Europe (ADEE) Conference in Zagreb and facilitated a workshop on 'Maximising the Dental Outreach Experience' with colleagues from the Universities of Sheffield and Cardiff. The workshop was designed to build an informal network of trainers and academics in Dentistry across Europe who have an interest in enhancing the 'outreach' experience at undergraduate level. The workshop in Zagreb built on work done during the ADEE conference in Dublin in September 2007 where Trevor also facilitated a workshop.

As part of an ongoing research programme partly funded by the Sino-British Foundation, **Prof Andrew Guppy** and colleagues completed an investigation of work stress and its impact on performance within a multi-sector sample of nearly 1,000 Chinese employees from across Sichuan province. Further collaborative work with the Chinese Executive Leadership Academy, Pudong is envisaged. Prof Guppy is also closely involved in the European TEMPUS Project (€ 299972, led by **Dr Ian Robertson**) which involves postgraduate curriculum development & human resources training for the Psychology department of the University of Prishtina, Kosovo.

Professor Christopher Johns' scholarship in reflective practice has gained increasing international recognition. He was visiting scholar at the University of Colorado, Colorado Springs in July 2008, where his reflective scholarship underpin their Doctoral in nursing practice programme. This link has led to the development of research in ethics in healthcare. He was also visiting scholar at Florida Atlantic University in October 2008. Working with faculty to develop reflective curriculum and scholarship. His development of narrative into performance has resulted in collaboration with drama and dance teachers within the faculty of Creative Arts and Technology - culminating in a performance 'Climbing Walls' at the 15th International Reflective Practice in New Zealand in September 2008, convened in collaboration with the University of Bedfordshire. He also performed a narrative 'Becoming a leader' at the Toronto reflective practice conference in May 2008 - again convened in collaboration with the university of Bedfordshire. The narrative was a research output from the MSc Leadership in health care programme. This conference has launched a research collaboration in constructing the truly reflective curriculum.

Professor Gurch Randhawa was invited by the European Commission as a Keynote Speaker in April 2007 to discuss, 'Organ donation and transplantation – the realities for minority ethnic groups' at the Organ Transplantation: Ethical, Legal and Psychological Aspects (ELPAT) - Towards a Common European Policy Conference. *World Trade Centre, Rotterdam, The Netherlands*. He was subsequently invited by ELPAT to Chair a

Workshop in November 2008 to develop a European wide consensus strategy on managing organ donation for minority ethnic groups.

Professor Alan Sinclair was Academic Director of the EUGMS (European Union Geriatric Medicine Society) between 2001 and 2005 and was designated a WHO Expert in Diabetes in 2000. He now chairs a European Diabetes Working Party for Older People which presented international guidelines on Type 2 diabetes in 2004. In 2007, **Professor Sinclair** was appointed to the IAGG (International Association of Geriatrics and Gerontology) Expert Scientific Advisory Group in preparation for the 2009 Paris Congress.

National:

Professor Guppy is involved in collaborative work with research teams at the Open University (Dr Jon Billsberry and Dr Julian Edwards), Middlesex University (Dr Nicky Payne, Dr Tracey Cockerton, Ms Kanchi Gunaratna) and the University of Manchester (Dr Adrian Nelson) in relation to psychological well-being in the workplace. Research collaborations that have resulted in journal submissions this year include University of Essex (Dr Tracy Gilbert), University of Chester (Dr Jeremy Phillips), Bangor University (Mr Faramarz Hashempour) as well as a current collaborative project with London South Bank University (Prof Ian Albery). During 2007-8, **Professor Guppy** (with Ms Gill Ross) completed a project involving the assessment of mental health needs in adolescents attending pupil referral units for North East Wales PCT and the Welsh Assembly (£56,000).

Professor Christopher Johns has been researching self as a complementary therapist working in both community and hospice settings to appreciate the nature of suffering and ways suffering can be eased through complementary therapy. He is developing the University's research portfolio in complementary therapy. In February 2007 he was awarded a grant for £10,000 from The Parkinson's Disease Society to pilot the impact of reflexology on the well-being of people experiencing Parkinson's Disease. He is now liaising with a local hospice to implement guided imagery and yoga with end-stage heart patients.

Clare Morris was appointed as a specialist advisor in Postgraduate Medical Education, to the Higher Education Academy subject centre for Medicine, Dentistry and Veterinary Medicine.

Glynis Pellatt has considerable experience in nursing patients with spinal cord injury and is currently link lecturer to the National Spinal Injuries Centre. This experience and interest led to a PhD research study into patient participation in decision making in spinal cord injury rehabilitation at the National Spinal Injuries Centre, Stoke Mandeville. Glynis was invited to present a paper 'In who's interest? Methodology and professional power in undertaking research with spinal cord injured patients' at the second National Neuroscience Conference in London on 15th March 2007. Glynis and practice colleagues at the National Spinal Injuries Centre, Stoke Mandeville were invited by the British Journal of Nursing to produce a series of articles on neurogenic bladder and bowel. Glynis co-ordinated and collaborated with two nursing colleagues to produce a series of three articles that were published this year. Glynis is a peer reviewer for the British Journal of Nursing and The British Journal of Neuroscience Nursing. Glynis is also involved in expanding and developing service user involvement in pre and post registration nursing programmes.

Professor Gurch Randhawa is a recognised expert in organ donation issues and has served as a member of the Government's Ministerially Commissioned Organ Donation Taskforce. In March 2007, Gurch was also the National Spokesperson for UK Transplant's 'Can We Count On You?'

Organ Donation Campaign targeted at minority ethnic groups. This resulted in over 20 media appearances on national and regional TV, radio, and newspapers. Gurch was also commissioned by the Race Equality Foundation and the Department for Communities & Local Government to write a policy briefing on 'Tackling inequalities in health among the UK's minority ethnic groups.' This seminal briefing paper was published in July and has stimulated major debate in government policy circles. Guch was also invited as keynote speaker at 2 Race Equality Foundation Conferences earlier this year to discuss his findings. Professor Randhawa was also invited to provide oral evidence to the House of Lord's Inquiry concerning Organ Donation.

Professor Sinclair maintains his prominent roles as an advisor to the Department of Health, NICE, British Geriatrics Society, Association of British Clinical Diabetologists, and Diabetes UK. He has been elected to the national committee of ABCD and is Director of CPD at the British Geriatrics Society.

Regional:

Professor Christopher Johns is working with the Mt Vernon Cancer network, East of England region and NHS Luton to respond to Government initiatives to develop advanced communication skills training and psychological support training. He is also exploring with NHS Bedfordshire, developing his holistic practitioner role based on his research using complementary therapy with women experiencing breast care treatment.

The East of England Trainer Development Programme was transferred to the Postgraduate Medical School, in July 2007, under the Educational Leadership of **Clare Morris**. Clare Morris was elected to the Board of the School of Medicine, East of England Deanery in September 08. Clare Morris and **Trevor Austin** developed an accredited programme for Dental Vocational Trainers across the region, in consultation with colleagues in the East of England Deanery, Dental and with Vocational Dental Trainers across the region. The PgCert in Dental Education has now been validated and has successfully recruited its first cohort.

Professor Randhawa has been developing his work concerning Health Inequalities and Community Cohesion, in collaboration with the Luton Council of Faiths, and they have been successfully awarded 2 grants to study the role of Muslim Men & Women in Community Cohesion, by Luton Borough Council. Luton Borough Council have also commissioned Professor Randhawa to carry out a study exploring the needs of South Asian families with children with complex health needs. Professor Randhawa has also been recently appointed to the Grants Committee of the Bedford Charity. Professor Randhawa is a member of the West Anglia Clinical Local Research Network Board.

Professor Sinclair sits on the East of England Research, and Innovation Alliance and he was recently appointed speciality lead for age and ageing in the West Anglia region and is also a member of the national speciality committee of UKCRN.

The IHR have developed an annual programme of research training workshops which are held on a monthly basis that are made available to NHS professionals via the RDS and Postgraduate Medical School.

In response to the workforce development needs of the Postgraduate Medical School, the IHR have developed a new Masters programme in Public Health which is also being offered via Distance Learning.

The IHR along with other Universities in the East of England have been successfully funded by the Department of Health to establish an East of England Teaching Public Health Network. This will enable improved access to training and research for professionals interested in pursuing a career in Public Health.

Key achievements:

Beckwith P Invited to be a peer reviewer for the Higher Education Academy, And to review the mini research projects into e learning.

Burden B is a member of NHS Direct's Research Committee

Burden B is a Member of the All Parliamentary Maternity Group

Kinman G is Member of the British Psychological Society Press Committee;

Kinman G Rosabeth Moss Kanter Award for Excellence in Work-Family Research.

Kinman G External examiner at City College, Norwich for the BSc Psychology programme.

Kinman G Scientific Review Co-ordinator and Committee Member of 2008 conference of the European Academy of Occupational Health Psychology

Kinman G Specialist media contact for the British Psychology Society

Kinman G Appointed as a reviewer on the specialist APA publication Journal of Occupational Health Psychology

Milligan F was a member of the group that produced the 'Foresight Training Resource Pack' for the National Patient Safety Agency that was published in May 2007. The pack offers guidance to nurses and midwives on the potential origins of patient safety incidents and strategies for prevention and minimisation of the impact of those incidents.

Morris C invited to be a peer reviewer for MEDEV subject centre mini-projects. Invited to act as External Examiner to the first inter-calated BSc in Medical Education in the UK, at Barts and the London.

Pellatt G Member of Mid and South Bucks Research Ethics Committee

Randhawa G Member, Organ Donation Taskforce, Department of Health

Randhawa G National advisory member, General Medical Council Working Group on End of Life Decision Making, Reference Panel

Randhawa G National advisory member, GP Access – BME Communities Reference Group, Department of Health

Randhawa G Co-Chairman, European Ethical, Legal and Psychosocial Aspect of Transplantation Platform (ELPAT) – Sub-populations

Sinclair AJ. Member, International Task Force on the Metabolic Syndrome, Brussels, 2007

Sinclair AJ. Appointed Diabetes Lead, *Geronto-Net Collaboration*, European Union 2007: consortium of 25 Centres of Geriatric Research Excellence

Sinclair AJ. Member, *End of Life Working Group*, Department of Health, 2007

Sinclair AJ. Member, NICE Implementation group, Type 2 Diabetes – Revised Guidance Document, 2007

Sinclair AJ. Expert Contributor, Department of Health *InPatient Diabetes Care Working Group*, 2007

Sinclair AJ. External Scientific Adviser, Spanish Frailty Network, funded by the European Union, .> €3million awarded to Leo Manas

Sinclair AJ. Appointed Co-lead for a Global Initiative in Diabetes in Older People in association with the EASD, ADA, AGS, and AACE, 2009-11.

Recent research outputs in 2007/8

Books

Delmar, C & **Johns, C** [eds] (2008) *The good, the wise, and the right clinical nursing practice*. Aalborg: Aalborg Hospital Press.

Book Chapters

Dallas T. (2007) Cross cultural exploration of the factors that contribute to patient satisfaction among British and Greek populations: Towards the development of a three facet patient satisfaction scale measuring patients' health care expectations, patients' perception of professional competence and the role of health environment. In Anagnostopoulos F. & Karademas E. (Eds) *Special Issues in Health Psychology: A Greek perspective*. Athens: Livanis Publications.

Atlay, M., **Gaitán, A.** & Kumar, A. (2008). Stimulating learning – Creating CRe8. In C. Nygaard & C. Holtham (eds.). *Understanding learning-centred higher education*. Frederiksberg: Copenhagen Business School.

Johns, C Dwelling with Penny: cultivating practical wisdom. In Delmar, C & Johns, C [eds] (2008) *The good, the wise, and the right clinical nursing practice*. Aalborg: Aalborg Hospital Press, p219-237.

Kinman, G. & Jones, F. (2008). A life beyond work? Job demands, work-life balance and wellbeing in UK academics. In D. Buckholdt & G. Miller (Eds.) *Faculty Stress USA*: Routledge.

Milligan, F. 'Professions, organisations and patient safety: stories of malicious and inept practice', in Currie, L. (ed) (2007) *Understanding patient safety*. London: Quay Books. Pp. 53-78.

Randhawa G (2008) Organ donation and transplantation – The realities for minority ethnic groups in the UK. In: W. Weimar, M.A. Bos, J.J. van Busschbach (Eds): *Organ Transplantation: Ethical, Legal and Psychosocial Aspects. Towards a Common European Policy*. Pabst Publishers.

Sinclair AJ. Management of the Elderly Infirm Patient, in: *Evidenced-Based Diabetes, Home P, Colagiuri S*, Blackwell Publishing, 2008.

Refereed Journal Articles

Davies, N., Wallace, M., Power, E., & **Chater, A.** (2007). Postgraduate Interventions Workshop. *Health Psychology Update*, 16, (4), 37-39.

Wood, L., Atkinson, L., McLean, F-A., & **Chater, A.** (2007). 'XS': A Computer game intervention to reduce alcohol use in adolescents. *Health Psychology Update*, 16, (4), 40-43.

Ncube, Z. & **Ertubey, C.** (2008). Awareness facts: The view and attitudes of faith based communities towards HIV positive and AIDS in Milton Keynes. *Psychology and Health, Journal of the European Health Psychology Society*.

Hackett A. & **Gaitán, A.** (2007). A qualitative study assessing mental health issues in two hospices. *International Journal of Palliative Nursing*, Vol. 13, pp 273 – 281.

Moore C., **Gaitán, A.** & Asimakopou, K. (2007) A qualitative study of the effects of infant massage on women with low postnatal mood. *Health Psychology Update*, 16, 56-64.

Edwards, J.A., **Guppy, A** & Cockerton, T. (2007). Relationships between Occupational Stressors, Non-Work Stressors & Work Performance: A Longitudinal Multi-Group Investigation. *Work & Stress*, 21, 99-116.

Edwards, J.A., Cockerton, T. & **Guppy, A.** (2007). A Longitudinal Study Examining the Influence of both Work & Non-Work Stressors upon Well-Being: A Multi-Group Analysis. *International Journal of Stress Management*, 14, 294-311.

Johns, C (2008) Passing people by {why being a mindful practitioner matters}. *Journal of Holistic healthcare*, 5(2) 37-42.

Johns, C (2007) Deep in reflection. *Nursing Standard* 21.3:24-25.

Johns, C (2007) Journeying with Peter & Sam: reflections on a healing attitude. *Complementary Therapies in Clinical practice*, 13.1:1-3.

Johns, C (2007) towards easing suffering through reflection. *Journal of Holistic Nursing* 25(3) 204-210.

Davies, N. & **Kinman, G.**, Roberts, R. & Bailey, T (2008). Health Baseline Comparison Theory: Predicting Quality of Life in Breast and Prostate Cancer . *Health Psychology Update*, 17, 3, 3-12

Kinman, G. Managing stress in multiple sclerosis. (2008). *Health Psychology Update*, 17, 3, 13-15

Kinman, G. & Jones, F. Job-related efforts, rewards and over-commitment: Predicting strain in academic employees. *International Journal of Stress Management* (accepted May, 2008, in press)

Kinman, G. Sense of coherence, work stressors and health outcomes in UK academic employees, Educational Psychology (accepted August, 2008, in press)

Kinman, G. Emotional labour and strain in the front line: Does mode of delivery matter? Journal of Managerial Psychology (accepted June, 2008, in press)

Kinman, G. & Jones, F. (2008). Work, wellbeing and work-life balance in UK academics.. Human Behavior in the Social Environment. Special Edition on Stress among College and University Faculty and Administrators, 17, 1-2,
Davies, N. & **Kinman, G.**, Roberts, R. & Bailey, T. (2008). Information Satisfaction in Breast and Prostate Cancer Patients: Implications for Quality of Life, Psycho-oncology: published online 18th January, 2008

Kinman, G. & Jones, F. (2008). Effort-reward imbalance, over-commitment and work-life conflict in UK academics Journal of Managerial Psychology, 23, 3, 236-251

Kinman, G. & Griffin, M. (2008). Psychosocial factors and gender as predictors of symptoms associated with sick building syndrome. Stress and Health, 24, 2, 165-171.

Hart, J. & **Kinman, G.** (2008). An Examination of the Relationships Between Trait Emotional Intelligence and Health Behaviours (Positive and Negative). Health Psychology Update, 17, 2 , 3-8.

Davies, N. & **Kinman, G.** (2007). Health Baseline Comparison Theory: Adjustments to Rheumatoid Arthritis. Health Psychology Update, 15, 3, 31-35.

McMurray, I., Connolly, H., Preston-Shoot, M. and Wigley, V (2008) Constructing Resilience: Social Workers' Understandings and Practice. Health and Social Care in the Community Special Edition: Health and Social Care Needs of Children and Young People. Vol 16 (3) 299-309

Preston-Shoot, M., Wigley, V., **McMurray, I.** and Connolly, H. (2008) Reflections on ethical research in action: working at the practice edge. Ethics and Social Welfare 2 (2), 150-171

Coughlin, S. **Milligan, F.** (2008) An audit of acute coronary syndrome assessment (TIMI scoring) and treatment. Clinical governance: an international journal. 13 (2) 138-141.

Milligan, F. Madine, U. (2007) Medication group helps build positive safety culture. Health Care Risk Report. 13 (9) 12-14.

Milligan, F. (2007) Establishing a culture for patient safety – the role of education. Nurse Education Today. 27 95-102.

Agius, M., Shah, S., Ramkisson, R., Persaud, A., Zaman, R. and **Murphy, S.** (2007) Three Year Outcomes in an Early Intervention Service for Psychosis in a Multicultural and Multiethnic Population. *Psychiatra Danubina*

Agius, M., Shah, S., Ramkisson, R., **Murphy, S.** and Zaman, R. (2007) Three-year outcomes of an early intervention for psychosis service as compared with treatment as usual for first psychotic episodes in a standard community mental health team: Preliminary results. *Psychiatra Danubina*, 19 (1-2) 10–19

Agius, M., Shah, S., Ramkisson, R., **Murphy, S.** and Zaman, R. (2007) An early intervention for psychosis service as compared with treatment as usual for first psychotic episodes in a standard Community Mental Health Team: Basic concepts and the service. *Psychiatra Danubina*, 19 (1-2) 5–9

Gruber, E., Čelan, J., Golik-Gruber, V., Agius, M. and **Murphy, S.** (2007). The relationship between having smoking or drinking parents and the occurrence of smoking or drinking in their adolescent children *Alcoholism* 43(1), 25-35

Nelson, C. (2007) What can the NHS and pharmaceutical research colleagues learn from each other? Transferability of best practice in the pursuit of research excellence *Quality in Primary Care* 15: 113-118

Pellatt G (2008) Comparative book review. *Nurse Education Today* 28.77

Pellatt G (2008) Neurogenic continence Part 1: pathophysiology and quality of life. *British Journal of Nursing* 17(13) 836-841

Pellatt G, Geddis T (2008) Neurogenic continence part 2. Neurogenic bladder management. *British Journal of Nursing* 17(14) 903-913

Pellatt G (2008) Non-traumatic spinal cord injury: less well known causes and the challenges for nurses. *British Journal of Neuroscience Nursing* 4(9) 416-422

Pellatt G (2008) Non-traumatic spinal cord injury part 2: causes and care of transverse myelitis. *British Journal of Neuroscience Nursing* 4(10) 482-487

Pellatt G (2007) Clinical skills: bed making and patient positioning. *British Journal of Nursing* 16(5) 302-305

Pellatt G (2007) Clinical skills: bowel elimination and management of complications. *British Journal of Nursing* 16(6) 351-355

Pellatt G (2007) Anatomy and physiology of urinary elimination: Part 1 *British Journal of Nursing* 16(7) 406-410

Pellatt G (2007) Stem cell research no cure-all. *British Journal of Neuroscience Nursing* 3(4) 179

Pellatt G (2007) Patients, doctors, and therapists perceptions of professional roles in spinal cord injury rehabilitation: do they agree? *Journal of Interprofessional Care*, 21(2) 165-177

Pellatt G (2007) The nurses role in promoting a good night's sleep for patients. *British Journal of Nursing* 16(10) 602-605

Pellatt G (2007) Sir Ludwig Guttmann: the father of spinal cord injury care in the UK. *British Journal of Neuroscience Nursing* 3(7) 322-325

Pellatt G (2007) The provision of culturally appropriate care for individuals with spinal cord injury. *British Journal of Neuroscience Nursing* 3(8) 366-371

Pellatt G (2007) Progress made, but more to be done for infection control. *British Journal of Neuroscience Nursing* 3(12) 550

Randhawa G (2007) Tackling health inequalities for minority ethnic groups: challenges and opportunities. Better Health Briefing 6. Race Equality Foundation and Department for Communities & Local Government, London.

Randhawa G. & Stein S. (2007) An exploratory study examining views of and attitudes towards mental health and mental health services among young South Asians. *Journal of Muslim Mental Health*. 2, 21-37.

Smith S, Kelly A, and **Randhawa G** (2007) The provision of primary care interventions by community health support workers in Pakistan. *Community Practitioner*, **80**, 18-22.

Sinclair AJ. Optimising Diabetes Care in Older Adults – what else is needed? In: Munshi MN, Lipsitz LA, Geriatric Diabetes, Informa Healthcare, 2007 *J Nutr Health Aging*. 2008 Mar;12(3):197-200.

Sinclair AJ. Diabetes Care. 2008 Feb;31(2):233-5. Epub 2007 Nov 16. *Impact of diabetes on physical function in older people.* Sinclair AJ, Conroy SP, Bayer AJ.

Sinclair AJ. *The Geriatric Minimum Data Set for Clinical Trials (GMDS).* Abellan Van Kan G, Sinclair A, Andrieu S, Olde Rikkert M, Gambassi G, Vellas B.

Sinclair AJ. J Nutr Health Aging. 2007 May-Jun;11(3):289-93; Towards a minimum data set for intervention studies in type 2 diabetes in older people.

Sinclair AJ. J Nutr Health Aging. 2007 May-Jun;11(3):250. Editorial: Geronto-Net : a network of excellence for clinical trials in geriatrics.

Sochos, A. & Tsalta, A. (2008) Depressiogenic cognition and insecure attachment: A motivational hypothesis. *International Journal of Psychology and Psychological Therapy*, 8(2), 141-151.

Seshadri M, **Stein S** & Chowdhury U (2007) The Spectrum of Tic Disorders (1) *Community Practitioner*, 80, 3, 40-42.

Seshadri M, **Stein S** & Chowdhury U (2007) The Spectrum of Tic Disorders (2) *Community Practitioner*, 80, 4, 40-42.

Kamath, S., Chilvers R, **Stein, S**, & Chowdhury U (2008). Moebius Syndrome and Autistic-Like Behaviour. *Progress in Neurology and Psychiatry* , 12, 1, 24-28.

Wolpert, M., Goodman, R., **Stein, S.M.** *et al.* (2007). *Choosing What's Best For You: What scientists have found helps young children and young people who are sad, worried or troubled.* London: CORC.

Conference Papers

Adonu, J. K. (2007) The Cultural Grounding Psyche: Implications for Development in African Settings. Paper presented at the African Studies Center of The University of Kansas, Lawrence, Kansas, USA, January, 2007.

Adonu, J. K. (2007) The Cultural Grounding of Marriage: Evidence from Ghana and the UK. Paper presented at the Society for Personality and Social Psychology 2007 Annual Conference (25th - 27th January, 2007), Memphis, Tennessee, USA.

Beckwith P & Sapsed S 8th International Family Nursing Conference, Bangkok, Thailand, Presentation – ‘Blended learning a basis for virtual education the family friendly approach’

Beckwith P & Sapsed S Eastern Region Research Group RCN & Addenbrooke’s Hospital Poster Forum – Nursing and Allied Health ‘Blended Learning – *the future*’ 26th January.

Chater, A. (2008). ‘Age and Gender Differences in Children’s Health Perceptions and Health Behaviours’. XXIX International Congress in Psychology Conference – Berlin.

Chater, A., Worrell, M., & Vögele, C. Children’s health perceptions and health behaviours. Health Psychology Annual Conference (Nottingham, September 2007)

Chater, A., Worrell, M., & Vögele, C. Predicting and promoting health behaviours: An intervention approach. Health Psychology Annual Conference (Nottingham, September 2007).

Gaitán, A., Atlay, M. & Marcos, A. (2008). Exploring portfolios as a reflective practice that constructs the learners’ development. Paper delivered at the HEA Annual Conference, Harrogate, 1-3 July.

Gaitán, A. Atlay, M. (2008). Learner development in the first year of university: what students’ portfolios tell us. Paper delivered at the 7th Conference of the CLTR on Transitions and Transformations: Developing Learners and Learning Environments. Ormskirk Campus, Edge Hill University, 4th June.

Gaitán, A. Atlay, M. (2008). Can skills account for all that is achieved in higher education? Toward a conceptual model of learner development. Paper delivered at the conference on Doing University. Huddersfield University, 19th March.

Gaitán, A., Manton, R. & Jankowska, M. (2007). Stories of engagement: evaluating the use of e-portfolios. Paper delivered at HEA Annual Conference, Harrogate, 3-5 July 2007.

Gaitán, A. (2007). "When I learnt that this module involved group work, I felt rather apprehensive": an analysis for students' reflections of group work. Paper delivered LDHEN Symposium. Bournemouth University, April 12th 2007.

Moore C., **Gaitán, A.** & Asimakopou, K. (2007) A qualitative study of the effects of infant massage on women with low postnatal mood. Health Psychology Update. Division of Health Psychology of the British Psychological Society.

Ross, I, **Guppy, A.** & Page, H. (2007). Cognitive vulnerability after an Internet based Cognitive Behaviour Therapy intervention for depression. Presented at the British Association of Behavioural and Cognitive Psychotherapies Conference.

Headland M November 2007. RCN Society of Orthopaedic and Trauma Nursing Conference, Poster presentation – People's lived experiences of living with Arthritis.

Johns C October 2008 Invited workshop- 'Reflective Practice' for Forth Valley Health Trust - Speech & Language Therapists, Dunblane, Scotland.

Johns C October 2008 Key-note presentation/ performance 'Touching the spiritual' presented at 'Reviving the spirit within palliative care practice' conference hosted by Strathcarron Hospice , Airth Castle, Stirlingshire.

Johns C October 08 Visiting scholar – Christine Lynn School of Nursing, Florida Atlantic University, FL. [October 20th-26th] [This included two solo performances of 'Climbing Walls']

Johns C September 2008 Key-note paper/ performance and dialogue – 'Climbing Walls' [with Amanda Price and April Nunes] presented at 14th International Reflective Practice conference – 'unfurling knowledge' hosted by Waiariki Institute of Technology, Rotorua, New Zealand.

Johns C September 2008 Invited workshop [4 hours] 'Narrative as a process of self-inquiry and transformation' [including first performance of 'Reflection on my mother dying: a story of caring shame'] presented at 14th International Reflective Practice conference – 'unfurling knowledge' hosted by Waiariki Institute of Technology, Rotorua, New Zealand.

Johns C July 2008 Invited paper- 'Touching the spiritual' Presented at the Royal Marsden conference 'Spirituality & Religion: an essential component of cancer care' Royal Marsden Hospital, London.

Johns C July 2008 Visiting scholar - Beth-El College of Nursing & Health Sciences, University of Colorado, Colorado Springs [July 16th and 17th]

Johns C June 2008 Invited workshop – ‘Developing mindfulness’ [two days] Christie Hospital Department of Rehabilitation and Complementary therapies, Manchester.

Johns C June 2008 Invited workshop – ‘Reflective practice, Department of Nursing, University of Vermont, VT.

Johns C June 2008 Accepted abstract [with WR Cowling] – ‘Healing through reflection and appreciation’ [3.5 hour focused dialogue] presented at 28th American Holistic Nurses association conference- ‘Renewing health care” a journey to new heights. Mt Washington resort, Bretton woods, NH.

Johns C May 2008 End-note paper ‘Reflecting on reflecting: where do we go from here?’ presented at ‘Refresh, reflect, renew: connecting through reflective practice across disciplines ‘ conference’ Centennial College, Toronto.

Johns C May 2008 Invited presentation/ performance – ‘Is transformational leadership possible?’ presented at ‘Refresh, reflect, renew: connecting through reflective practice across disciplines ‘ conference’ Centennial College, Toronto.

Johns C April 2008 Key-note paper ‘Why mindful practitioners matter’ presented at British Holistic Medical association 25th anniversary conference. University of Westminster, London.

Johns C January 2008 Key-note address ‘Learning through reflective practice’ presented at ‘Building the bridge: transforming education to meet clinical practice needs’ conference – Department of Nursing, Waterford Institute of Technology. Eire.

Johns C December 2007 Invited lecture - ‘Developing clinical judgment through reflection’. Presented at Aalborg Sygehus, Aarhus university Hospital. Denmark.

Johns C October 2007 Invited paper- Being mindful, easing suffering’ Presented @ the Rowans Hospice conference- ‘Caring for you; caring for me: compassion & mindfulness in health & Social care, Cosham, Portsmouth.

Johns C October 2007 Invited paper ‘Reflecting on caring’ Presented @ Cardiff & Vale NHS Trust conference- :Fundamentally caring’, City Hall, Cardiff.

Johns C October 2007 Invited workshop - ‘Reflective practice’ [two days] Lourdes Institute of Wholistic Studies. Our lady of Loures medical Center, Camden, NJ.

Johns C September 2007 Inaugural professorial lecture- RAW [2e] – presented at University of Bedfordshire.

Johns C June 2007 Accepted abstract paper – Reflection through six layers of dialogue' presented @ 13th international Reflective Practice conference, 'Creating Phronesis' Aalborg Kongres & Kultur Center,, Denmark.

Johns C June 2007 Invited presentation - Inaugural performance of RAW @ 13th international Reflective Practice conference, 'Creating Phronesis' Aalborg Kongres & Kultur Center,, Denmark.

Johns C May 2007 Accepted abstract - In search of transformational leadership in a transactional world. Presented @ The 29th International Association of Human caring –'The power of caring: the gateway to healing', University of St, Louis, St Louis, Missouri.

Short, E. & **Kinman, G.** (2008). Evaluating the impact of a peer coaching intervention on wellbeing amongst psychology undergraduates. SGCP 1st European Coaching Psychology Conference 2008, London, December, 2008

Kinman, G. (2008). Emotional labour and wellbeing in teaching: the influence of experience and job involvement., Proceedings of the European Academy of Occupational Health Psychology, Valencia, November, 2008.

Flaxman, P., Menard, J., Bond, F. & **Kinman, G.** (2008). Perfectionism and Weekend Respite Effects amongst University Academics, Proceedings of the European Academy of Occupational Health Psychology, Valencia, November, 2008.

Yaghmour, Y. & **Kinman, G.** (2008). Crying at work: examining the beliefs and attitudes of women. Proceedings of the European Academy of Occupational Health Psychology, Valencia, November, 2008.

Davies, N., **Kinman, G.**, Thomas, R. & Bailey, T. (2008). Using Health Baseline Theory to Predict Well-Being in Early-Stage Breast Cancer Patients undergoing Chemotherapy. The British Psychological Society Division of Health Psychology Conference, Bath, September 2008.

Hart, J. & **Kinman, G.** (2008). An Examination of the Relationships Between Trait Emotional Intelligence and Health Behaviours (Positive and Negative). British Psychological Society Annual Conference, Dublin: March 2008

Kinman, G. & Jones, F. (2008) The Effort-Reward Imbalance model as a predictor of work-life conflict. Work, Stress and Health: The Seventh APA International Conference on Occupational Stress and Health, Washington DC, March 2008

Kinman, G. (2008) Chair and Discussant of Symposium. Facilitating work and families in the UK. A qualitative perspective, The British Psychological Society Division of Occupational Psychology Conference, Stratford upon Avon, January 2008.

Yaghmour, Y. & **Kinman, G.** (2008). Crying at work: an Exploration of the Beliefs and Attitudes of Women. The British Psychological Society Division of Occupational Psychology Conference, Stratford upon Avon, January 2008.

Kinman, G. (2008) & Jones, F. (2008). Effort-reward imbalance and overcommitment: predicting health and job satisfaction in UK academic employees. The British Psychological Society Division of Occupational Psychology Conference, Stratford upon Avon, January 2008.

Davies, N., **Kinman, G.**, Thomas, R. & Bailey, T. (2008). Health Baseline Comparison Theory: Quality of Life in Breast and Prostate Cancer. The British Psychological Society Division of Health Psychology Conference, September 2007

Kinman, G. & Jones, F. (2007). Job demands, work/life conflict and well being in UK academics. Invited Symposium: Work/life Balance – Measurable and achievable? Invited Symposium XIII European Congress of Work and Organizational Psychology Conference, Sweden, May 2007

Kinman, G., Jones, F. & Cunningham, E. (2007). Integrating the demand-control model and the effort-reward imbalance models of work stress. Invited Symposium. XIII European Congress of Work and Organizational Psychology Conference, Sweden, May 2007

Puckey, T. & **Kinman, G.** (2007). Married to the military: relationships between relocation, self-concept and wellbeing experienced by military spouses. British Psychological Society Annual Conference, March 2007

Kinman, G. (2007). Emotional labour and wellbeing in service employees: the role of mode of delivery. Proceedings of the British Psychological Society Division of Occupational Psychology Conference, Bristol, January 2007.

Madden B Reflective Practice Conference, June 2007, Aalborg, Denmark.
Presentation: (with Chris Johns) RAW – Working with Women with Breast Cancer.

Martins-Mourao, A. & Lucena, A. (Sept. 2008). Undergraduate students' perceptions and attitudes toward peer assessment. European Conference on Educational Research, ECER. Goteborg, Sweden.

McGrath A. "I want to wear big knickers" – British Medical Sociology conference September 2007

McMurray, I ., Roberts, P., Robertson I, Gaitain, A (2008) Embedding the Psychology Degree: Transitions to Employment. 3rd International Conference on Teaching of Psychology. St. Petersburg, Russia 12th July – 16th July 2008.

McMurray, I., Connolly, H., Preston-Shoot, M. and Wigley, V (2008) Shards of the old looking glass: Restoring the significance of identity constructions in

promoting positive outcomes for looked after children. Care Matters: Transforming Lives – Improving Outcomes Conference. Incorporating the 8th International Looking After Children Conference. Keeble College, Oxford, 7-9th July 2008.

McMurray, I ., Roberts, P., Robertson I, Gaitain, A (2008) ' Embedding Employment into the Psychology Undergraduate Curriculum (CETL Funded Project). Higher Education Academy Psychology Network

Connolly, H and **McMurray, I** (2007) How separated children living in the UK interpret the rights enshrined within the UN CRC relative to their asylum and resettlement experiences. International Conference on the The migration of unaccompanied minors in Europe. Poitiers, France. 10th-11th October 2007

Milligan, F. Drug administration and patient safety. Nursing Times careers Event (June 2007) Invited presentation, Earls Court, London.

McKimm, J, Preston-Shoot, M and **Morris, C.** (2008) Teaching, Learning and Assessment of Law in Medical Education: Exploring medical students' perceptions and understanding of law as it relates to professional identity, practice and behaviour. Poster Presentation at ASME Conference on Medical Student Professionalism.

McKimm, J and **Morris, C** (2008) Moving beyond teacher competence: the case for educational leadership as a core element to accredited faculty development activity. Paper given at ASME Scientific Conference, Leicester.

McKimm, J and **Morris, C** (2008) Clinicians as educators, leaders and agents of change: innovation in curriculum for future educational roles. Theme Paper given at NET2008 Conference, Cambridge, Sept 08.

Morris, C and McKimm, J (2008) Developing teachers: moving beyond teacher competence. Core Paper given at NET2008 Conference, Cambridge, Sept 08.

Purcell, N., Dennick, R., **Morris C.**, and McKimm, J. (2008) Sharing resources and good practice in medical and healthcare education development. Pre-conference workshop: ASME Scientific Conference, Leicester, Sept 08

Morris, C and McKimm J (2008) Factors influencing clinical teachers' (dis)engagement with their own on-line learning. Paper given at ASME Scientific Conference, Leicester, Sept 08.

Morris, C (2007) Making sense of Medical Education. Paper /seminar given at Researching Medical Learning and Practice Conference, Institute of Education, London, Dec 07

Agius, M., Shah, S., Ramkisson, R., **Murphy, S.** & Zaman, R. (2007) Three-year outcomes of an early intervention for psychosis service as compared with treatment as usual for first psychotic episodes in a standard community mental health team: Final results. Cambridge and Luton International Conference on Mental Health, University of Cambridge, October 2007 (conference presentation)

Pellatt G (2007) In who's interest? Paper delivered at 2nd national neuroscience Nursing Conference 15th March, London

Randhawa G (2008) Tackling health inequalities. East of England Annual Public Health Conference, Moller Centre, University of Cambridge. March.

Randhawa G (2008) Cultural and faith issues in organ donation and transplantation. Evidence to the House of Lords Select Committee. House of Lords, London, February.

Randhawa G (2008) Tackling inequalities in health through commissioning. Skills for the new public health environment. East of England Teaching Public Health Network, Denny Bros Conference Facility, Bury St Edmunds, February.

Randhawa G (2008) Commissioning mental health services for older people. Luton Partnerships for Older People Conference, University of Bedfordshire, January.

Randhawa G (2008) Diabetes and Renal Care Pathways among South Asians. ABLE – Kidney Research UK, Think Tank, Millenium Point, Birmingham, January.

Randhawa G (2007) Epidemiology of Type 2 Diabetes among South Asians. Insulin Resistance & Cardiovascular risk among South Asians. Bedfordshire & Hertfordshire Postgraduate medical School. Hitchin Priory, Hitchin, May.

Randhawa G (2007) Organ donation and transplantation – the realities for minority ethnic groups. Organ Transplantation: Ethical, Legal and Psychological Aspects - Towards a Common European Policy. *World Trade Centre, Rotterdam, The Netherlands, April.*

Randhawa G (2007) Tackling health inequalities: underlying factors and approaches to addressing them. Making life better: improving the knowledge and practice in health provision to black and minority ethnic communities'. Race Equality Foundation, School of Oriental and African Studies, London, March.

Randhawa G (2007) Leadership Challenges in the NHS. What's on the Horizon? Common Purpose Leadership Programme. Open University, Milton Keynes, March.

Randhawa G (2007) Organ donation and transplantation – the realities for minority ethnic groups. ESRC Seminar Series – Trust in a Diverse Society. University of Manchester Business School West, March.

Randhawa G (2007) Tackling health inequalities: underlying factors and approaches to addressing them. Making life better: improving the knowledge and practice in health provision to black and minority ethnic communities'. Race Equality Foundation, Britannia Hotel, Birmingham, January.

Semmens-Wheeler, R., & **Roberts, P.** (2007) Visual processing and attentional engaging properties of faces viewed in profile, British Psychological Society Annual Conference, Book of Abstracts (pp. 65). York: British Psychological Society.

Rout. U (2007). Stress and the recent change in the Primary Care. 15th European Congress of Psychiatry, Madrid, Spain.

Sapsed S (2007) Challenging Perspectives on Simulation and skills in Health Education - Laredal Conference, UCE Birmingham, Poster Presentation – Blended Learning, also published in the Conference Handbook.

Sapsed S Teaching and Learning Conference, University of Bedfordshire, 'Simulating Simulation'.

Sapsed S CASA, E Learning Conference, Prague, 'Can distance Learning become an effective mode of delivery for the Public Health Master programme – University of Bedfordshire.

Short, E., Mc Murray, I & Jackson, D (2007) Diversity in women's texting: negotiating emotions and relationships. Psychology of Women Conference. 18th -20th July 2007 Windsor.

Sinclair AJ. Co-Host/Speaker, International Association of Nutrition and Aging (IANA), London, June 2007

Sinclair AJ. Chair/Speaker, BMJ MasterClass in Geriatric Medicine, BMJ Publishing, 2007 Conferences in London and Manchester

Sinclair AJ. Co-Chair/Speaker. 3rd International Geriatrics Course, Barcelona, Spain, June 2007: collaboration with universities of Barcelona, Los Angeles, and Toulouse

Sinclair AJ. Convenor/Chair/Speaker, Royal Society of Medicine and ABCD, Diabetes and Endocrine Disease in Old Age, London, February 2008-04-06

Sinclair AJ. Speaker, Spanish Nutritional and Endocrine Society (SENPE), Seville, Spain, May, 2007, Diabetes-Specific Feeds

Sochos, A. Couple relationship quality and psychotherapy outcome (oral presentation), XIXth World Congress of World Association for Social Psychiatry, Prague, October 2007.

Cilia, T. & **Sochos, A.** The link between insecure attachment, authoritarianism, and low group self esteem (poster presentation), The British Psychological Society, Social Psychology Section Conference, Kent, September 2007.

Sadaq, N. & **Sochos, A.** The capacity to understand non-verbally expressed emotion and its relationship to parental aggression and attachment style (poster presentation), The British Psychological Society Annual Conference, York, March 2007.

Latchford, E. & **Sochos, A.** Financial phobia and its relationship to attachment anxiety (poster presentation), The British Psychological Society Annual Conference, York, March 2007.

Funded research programmes/projects:

Black S (RIT) bid for 'Developing Clinical Skills through E-Learning: an Evaluation of a novel way of developing Pre-registration Nursing Students clinical skills'.

Van Blerk C, Brown L, **Chater A** (2007-9) Gym-based exercise versus general exercise prescription on anthropometric, metabolic and cardiovascular parameters in metabolic syndrome and obese children, £84,000.

Gaitan, A. (with Nassis, N and Shukla) (2006-8). ACHIEVER (Assessing cultural handling of ICT: Enabling value-enhancing responses). C £21k. Funded by the Arts Council.

Gaitan, A. (2007-8). 'Learner Development and Realistic Learning' – A CETL-funded project. £1,3K.

Headland M Successful application to undertake a CETL funded research project evaluating student nurse's drug calculation skills, using two different forms of assessment.

Johns C Investigating the impact of reflexology on the wellbeing of people with Parkinson's disease. Parkinson's Disease Society (June 2007 £10,000)

Kinman G Using peer coaching to enhance resilience: promoting wellbeing and lifelong learning in students (October 2008, £10,000) with **Emma Short**, CETL

Kinman G Learning how to care: a pilot project to enhance emotion management skills in nursing (May, 2008, £3,500) with **Sandra Leggetter**, Research Directorate

Kinman G Building resilience: the role of emotional intelligence, reflective abilities and related skills in predicting wellbeing in social work practice £5200 (February, 2008) CETL

Kinman G Working with cancer: providing guidance to patients and employers , £3000 - Primrose Unit, Bedford Hospital

Kinman G Work stress in UK academic and academic-related staff August, 2008 - £2,500

McMurray, I ., Roberts, P., Robertson I, Gaitain, A (2006-2008) 'The Psychology Degree: Transitions to Employment' (CETL Funded Project) £7500

Morris, C (Principal Investigator) was awarded a funded MEDEV mini-project for Clinical Educators (dis) engagement in on-line learning. Project partner: McKimm, J. UoB (This is a JISC e-learning case study).

Morris, C (Principal Investigator) was awarded a funded MEDEV mini-project for Supporting a community of MEDEV professional developers. Project Partner: McKimm, J., UoB

Sweet, J (Principle Investigator) was awarded a funded MEDEV mini-project for Investigating the educational and training needs of dental chairside tutors in the UK and producing guidelines for their Initial and Continuing Education. Project partners: Mr Jeffery Wilson, Cardiff University; Dr Lesley Pugsley, Cardiff University ; Dr Alyson Quinn, University of Warwick ;Mr Richard Foxton, King's College London ;Mrs Suzanne Noble, University of Birmingham; Ms Lynne Davidson, NHS Education for Scotland ; Ms Liz Shrives, Educational Development Consultant ; Ms **Clare Morris**, University of Bedfordshire.

*G Green, I Harvey, J Done, M Rein, G Barton, **G Randhawa**, D Halliday, I Brooksby, K Farrington, R Driver, C Palmer, J Bradley* NHS National Institute for Health Research – East of England NHS Research Design Service. £5,000,000, 2008-2013.

Provides research expertise and advice to NHS professionals on researching 'hard-to-reach' communities and applying for research grants.

G Randhawa NHS Blood & Transplant – A national study examining the reasons and circumstances in which individuals make gifts and donations and exploring the relevance to increasing organ donation among the UK's multi-ethnic and multi-faith community. £130,000, 2008-2010.

Randhawa G & Wilkinson E – Kidney Research UK/Big Lottery Fund Developing culturally competent End-of-life care services for renal patients. £249,910, 2008-2012.

G Randhawa, Luton Borough Council- *Muslim Women's Needs Assessment*. £22,500. 2007-8.

Empirical study of users', lay communities', and providers' views of local services.

G Randhawa, Luton Borough Council- *Young Muslim's Needs Assessment*. £30,000. 2007-8.

Empirical study of users', lay communities', and providers' views of local services.

G Randhawa, Luton Borough Council- *Children with complex needs assessment*. £25,000. 2008-9.

Empirical study of users', lay communities', and providers' views of local services.

G Randhawa, Dr L Lightstone, Dr J Feehally, Dr P Roderick, E Wilkinson. Big Lottery Fund/Kidney Research UK – Improving access for the UK's South Asian population with Type 2 diabetic renal disease. £248,671. 2006-9.

The aims of this study are to explore the progression through the diabetes and 'renal disease complicating diabetes' care pathways; to identify health beliefs and experiences associated with Type 2 diabetes and diabetic renal complications among South Asian groups.

G Randhawa, S Murphy, and R Driver NHS National Co-ordinating Centre for Research Capacity Development - Research and Development Support Group, £192,000, 2005-8.

The IHR have successfully been awarded a 3 year renewal in contract for the RDSU. This initiative aims to promote and foster research and development in NHS Trusts in Bedfordshire, from helping those who are just beginning to take an interest to supporting those who are regularly undertaking research.

Dr L Lightstone, Dr J Kooner, Prof. K Jamrozik, Dr P Roderick, Dr Newman, **G Randhawa**, Dr U Okuli, Dr D Sethi. Kidney Research UK – Renal dysfunction in an unselected Indian Asian and European white cohort population in Southall – a study of prevalence, risk and awareness. £179,232, 2004-7.

The Institute will carry out an evaluation of knowledge and awareness of renal disease and risk as well as health beliefs likely to impact on modifying risk – among GPs and the 'lay' South Asian community.

G Randhawa. & J Neale Alliance for Hospice at Home Volunteers - Experiences and perceptions of Hospice at Home Volunteers (HHV) – professionals' and service users' perspectives. £9,000. 2005-7.

The aims of this project are:

- To assess what the perceptions and experiences of HHV are among professionals and service users in South Bedfordshire;
- To assess the perceived needs (in terms of the support that HHV could provide) of professionals and service users;
- To promote awareness of the organisation;
- To identify ways in which the HHV can modify existing working practices if necessary and appropriate.

G Randhawa & D Armes. Marsh Farm Community Development Trust - Mental Health Needs Participatory Assessment Programme. £20,000. 2006-7.

Empirical study of users' and lay communities' needs of mental health services.

Roberts, P., Ertubey, C., Robertson, I. (2008) Application of CANTAB (Neuropsychological assessment) to child and adult populations, RiT, CETL funded project, (£13,000) in progress.

Robertson, I. (2007-9). EU TEMPUS Project for Post-graduate curriculum development & human resources training for the Psychology department of the University of Prishtina, Kosovo. Total grant value: € 299972.

Sinclair AJ. Member, Steering Group for *Manor House Pharmacy Diabetes Project*, funded by Department of Health, approx £25,000 start-up funds

Sinclair AJ. Appointed Principal Investigator, 3L Study: *Levermir in Later Life Study Novo Nordisk, > 40 centres, Anglo-French study, 2008-10*

Sinclair AJ. Received £50,000 (in 2007) as an Educational Grant to establish Institute of Diabetes for Older People (IDOP)

Wilkinson E. RiT bid has led to £5K of funding a collaborative project with Business School (November 2007 – April 2008)

Wilkinson E. Awarded HEIF Employer Fellowship £3K honorarium and allowance (April 2007 – August 2008)