## Course Information Form

This Course Information Form provides the definitive record of the designated course

### Section A: General Course Information

<table>
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<tr>
<th>Course Title</th>
<th>BSc Sport Science and Coaching</th>
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<tr>
<td>Final Award</td>
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<td>Route Code</td>
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<td>Mode(s) and length of study</td>
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<td>With professional practice/ foundation year over 4 years</td>
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<td>Standard intake points (months)</td>
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<td>QAA Subject Benchmark Statement - Events, Hospitality, Leisure, Sport and Tourism</td>
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Course Aims

The BSc (Hons.) Sport Science and Coaching course aims to develop the necessary skills, knowledge and understanding relevant to improving/developing performers in a sport setting whilst supporting students to become motivated and prepared for fulfilling relevant career paths.

Specifically, the course aims are to prepare you to:
- Understand and apply the body of knowledge fundamental to improving/developing performers in a sport setting
- Solve problems by the application of appropriate tools and techniques
- Research, critically evaluate, summarise and communicate information
- Work effectively in teams or individually using appropriate professional standards of conduct and behaviour
- Become a self-regulated learner, using an awareness of opportunities for careers or further study in the setting and monitoring of personal objectives

Course Learning Outcomes

Upon successful completion of your course you should meet the appropriate learning outcomes for your award shown in the table below

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<tr>
<th>Outcome</th>
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<tr>
<td>1. Apply scientific principles from the disciplines of sport science and coaching for the improvement/development of performers</td>
<td>BSc Sport Science and Coaching (all awards)</td>
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<tr>
<td>2. Integrate theory and practice within the above disciplines and, where appropriate, examine an issue or question from more than one perspective or discipline</td>
<td>BSc Sport Science and Coaching (all awards)</td>
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<td>3. Describe and evaluate a range of research methods and techniques employed in the construction of knowledge within sport science and coaching.</td>
<td>BSc Sport Science and Coaching (all awards)</td>
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<td>4. Identify and respond appropriately to the ethical, health and safety, and professional requirements associated with conducting research and interventions involving sport science and coaching concepts</td>
<td>BSc Sport Science and Coaching (all awards)</td>
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<td>5. Plan, design, execute and communicate a sustained piece of independent intellectual work which provides evidence systematic understanding of key aspects of the field of study and critical engagement with, and interpretation of, appropriate theory and data.</td>
<td>BSc Sport Science and Coaching (all awards)</td>
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<td>6. Demonstrate knowledge and analytical understanding of the behaviours associated with the work place by successfully completing an approved placement of at least 720 hours.</td>
<td>BSc Sport Science and Coaching (with Professional Practice Year)</td>
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</table>
| Teaching, learning and assessment strategies | The strategies adopted for learning and teaching in BSc (Hons) Sport Science and Coaching reflect the diverse nature of the subject. The course employs practical activities in the lab and field, lead lectures, seminar discussions, workshops, on-line activities, and individual and small group tutorials.

Practical sessions or discussion seminars will enable you to apply theories taught during lectures and gain a deeper understanding of their use and contexts. Laboratory work and computer-based learning activities will provide opportunities to practise and develop research skills and techniques in preparation for conducting your own research and facilitate your understanding of research-based literature.

You will examine case studies and receive invited lectures from professionals in the field to learn from their expertise and reflect upon how your learning can be transferred into real life workplace settings. Throughout the degree, small group sessions require you to engage in problem-solving exercises and analytical discussions with your peers. You will learn to locate, evaluate and synthesise information from a variety of sources and be given opportunities to learn, practise, and develop communication and presentation skills, including a topic specifically designed to develop professional skills used by healthcare professionals. |
| Learning support | The University’s comprehensive student support service includes: Student Information Desk, a one-stop shop for any initial enquiries; Student Support team advising and supporting those with physical or learning needs or more general student well being; Study Hub team providing academic skills guidance; Personal Academic Tutoring system; a student managed Peer-Assisted Learning scheme; support from your lecturers |
| Admissions Criteria | https://www.beds.ac.uk/entryrequirements
Approved Variations and Additions to Standard Admission
None |
| Assessment Regulations | https://www.beds.ac.uk/about-us/our-university/academic-information
Note: Be aware that our regulations change every year
Approved Variations and Additions to Standard Assessment Regulations'
none |
Section B: Course Structure

The Units which make up the course are listed below. Each unit contributes to the achievement of the course learning outcomes either through teaching (T), general development of skills and knowledge (D) or in your assessments (A).

BSSCO-SN, BSSOSABF, BSSCFABF - BSc (Hons) Sport science and Coaching

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### Section C: Assessment Plan

The course is assessed as follows:

**BSSCO-SN, BSSOSABF, BSSCFABF - BSc (Hons) Sport science and Coaching**

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<td>Coursework - Essay</td>
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<td>CW-LR</td>
<td>Coursework - Literature Review</td>
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<td>Coursework - Portfolio</td>
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<td>Exam (Invigilated)</td>
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<td>Coursework - Dissertation Report</td>
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<td>Practical - Oral Presentation</td>
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<td>PR-OT</td>
<td>Practical - Other Skills Assessment</td>
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<td>WR-I</td>
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### Administrative Information

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<tr>
<td>Head of School/Department</td>
<td>Andrew Mitchell</td>
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<td>Course Coordinator</td>
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